

THE PARENTING CENTER & THE ELEMENTARY SCHOOL PTAS PRESENT...

Always Changing

A Lesson in Puberty



It is a milestone in the health of young people to experience puberty. This can sometimes be a difficult and uncomfortable topic to discuss with our children.

*Judy LoBianco, Supervisor of Health, Physical Education and Nursing Services is pleased to host an evening on Puberty for **parents/guardians of fourth and fifth grade students**. The “Always Changing” video will be viewed and program resources will be made available to parents in order to facilitate further discussions with their children.*

Tuesday, April 2nd

7:30 pm

**South Mountain Elementary
School**

444 West South Orange Ave, South Orange, NJ

For more information please contact Judy LoBianco @ 973-762-5600 ext. 1093 or email @ jlobianc@somsd.k12.nj.us.