



Department of Health and Physical Education
17 Parker Avenue, Maplewood, NJ 07040
Ms. Judy LoBianco, Supervisor
(973) 762-5600x1093 fax(973)378-7607

“You’ve Only Got One Body, Make It Fit”

November 2012

Dear Parents/Guardians:

In the month of December, your school nurse will be introducing health education in your child’s classroom. Elementary Health Education emphasizes a positive approach to wellness and encourages students to assume responsibility for their own health. The program helps students develop the skills necessary for healthful living. It includes, but is not limited to, decision-making, problem solving, critical thinking, and refusal skills. An emphasis is placed on nutrition, exercise, and personal hygiene. Lessons are sequenced at age-appropriate levels for children in grades one through five.

The Family Life Education Program is also a component of the health education curriculum and is mandated by the State of New Jersey. It was developed by the South Orange and Maplewood School District and approved by the Board of Education. The Statement of Purpose is below. For a list of the family life objectives at your child’s grade level, please feel free to contact your school nurse.

If you wish for your child to be excused from any portion of the curriculum, please alert the school nurse in your child’s school by December 9, 2012. Our nursing staff looks forward to serving your child in the area of health education.

Family Life Education Statement of Purpose

The school, the parents, and the religious community share a concern for family life education and its ultimate goals—responsible family and social living. Although the basic responsibility for family life education rests in the home with the family, the school can play a vital supporting role.

Our role is to provide an opportunity for the pupils to acquire knowledge that will support the development of responsible behavior, strengthen their own family life now and aid in establishing a strong family life for themselves in the future, thereby contributing to the enrichment of the community.

Sincerely yours,

Judy LoBianco

Judy LoBianco
Supervisor of Health and Physical Education